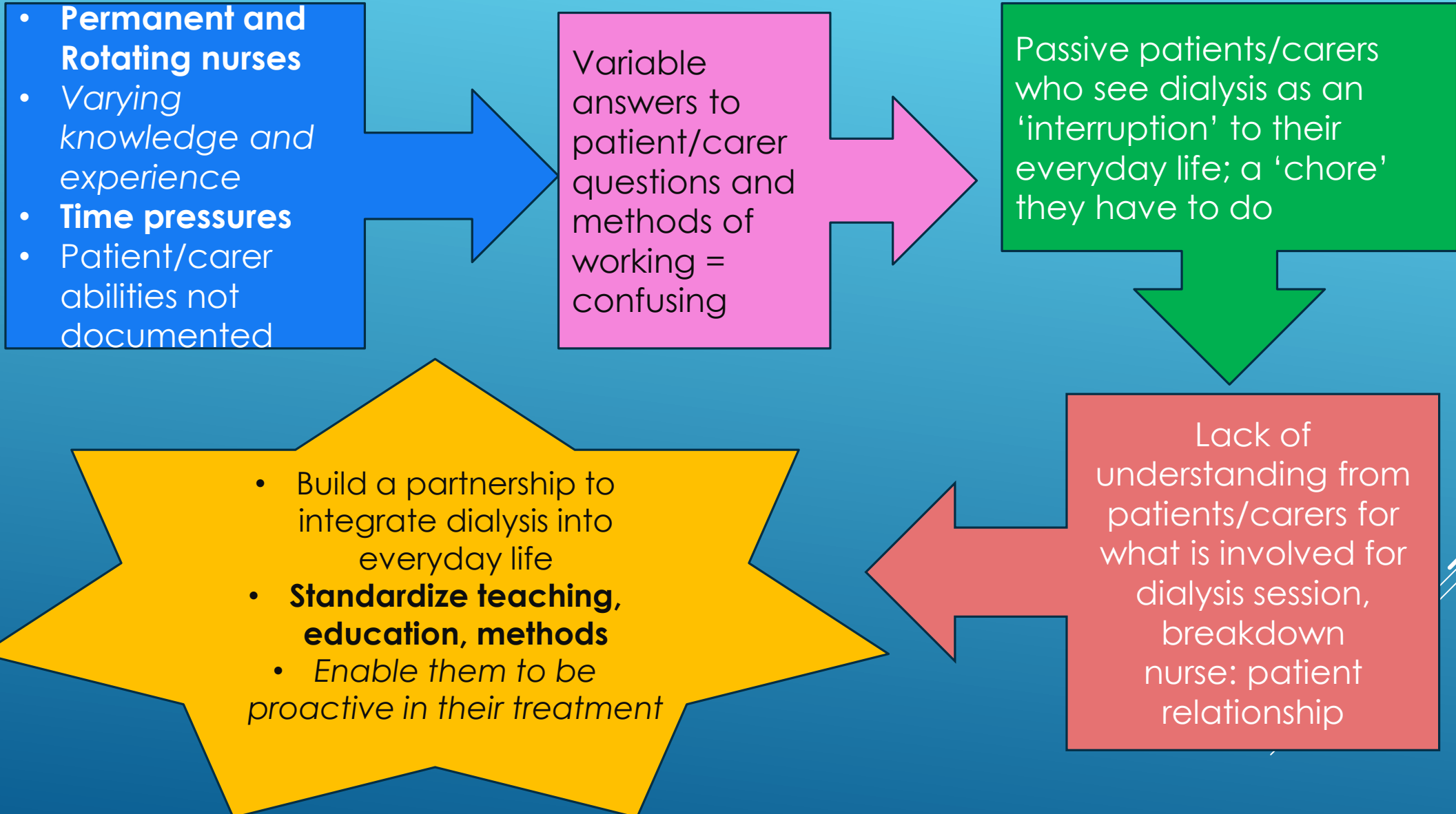


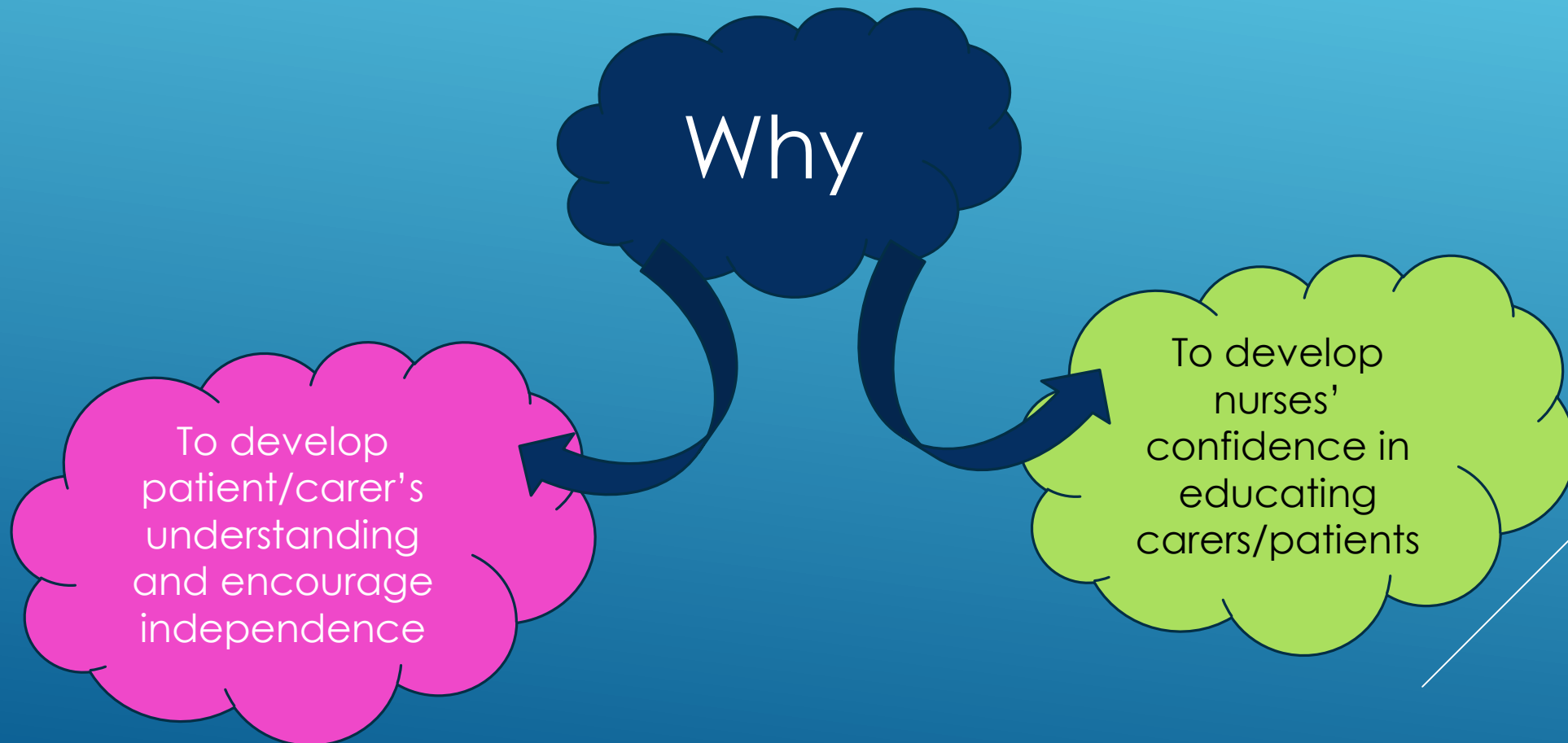


Patient Engagement

Reasons that led to project



DEVELOPING COMPETENCIES TO PROMOTE PATIENT ENGAGEMENT AND NURSE EMPOWERMENT



WHAT: Teaching and assessment programme for patients/carers for each task related to preparing, starting, monitoring and discontinuing haemodialysis session

Carer	%	Patient	%
7/13	53%	6/13	46%
11/15	73%	N/A (age)	-
6/13	46%	N/A (age)	-
11/13	84%	N/A (age)	-
8/14	57%	4/14	28%
Not completed		7/13	53%
Not completed		6/13	46%
Not completed		6/15	40%
Not completed		5/13	38%

15 tasks that patient/carer could learn

Carers keen to learn more tasks than the patients

Preparation of patient and machine rather than connection and duration of dialysis

Responsibility for carer/patient to take on, dialysis is a 'break from responsibility'

Obstructions: patient not wanting carer to do certain tasks

Challenges

Nurses confidence
in their foundation
of knowledge
prevents them from
teaching

Nurses concern for
whose responsibility
if patient/carer
signed off as
competent

Carers/Patients –
long term chronic
conditions, expert
knowledge, set in
their ways

Patient/carer
concerned being
responsible for dialysis

HOW

```
graph TD;
  HOW((HOW)) --> A[Developing the nurses' own foundation of knowledge so they are confident to deliver teaching to patients and carers];
  HOW --> B[The nurses developed a competency document covering all of the practical skills required as well as the background rationale for each skill];
  HOW --> C[Significant benefit to the unit as the nurses have felt more empowered to engage with families regarding their treatment];
```

Developing the nurses' own foundation of knowledge so they are confident to deliver teaching to patients and carers

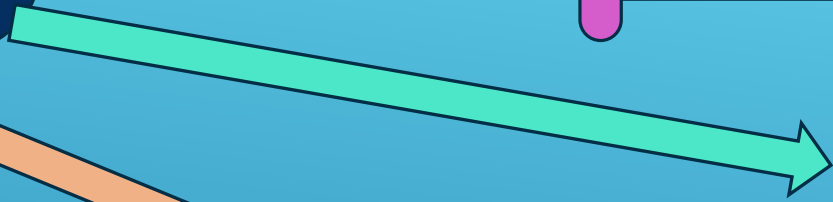
The nurses developed a competency document covering all of the practical skills required as well as the background rationale for each skill

Significant benefit to the unit as the nurses have felt more empowered to engage with families regarding their treatment

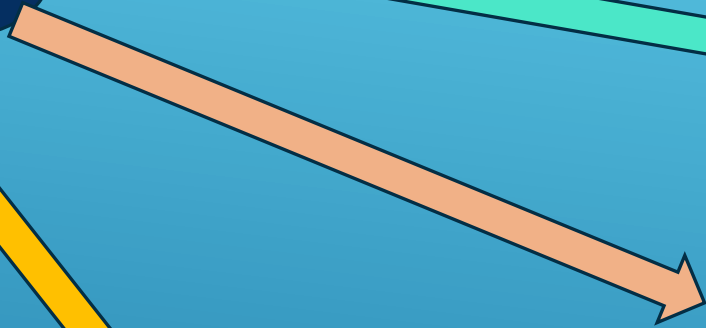
HOW (5 Stages)



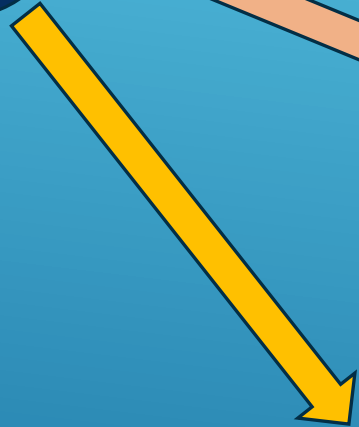
1 - Group teaching sessions for patients and carers to teach rationale and demonstrate practical skills



2 - Individual demonstrations



3 - Individual observation



4 - Formative and summative assessments



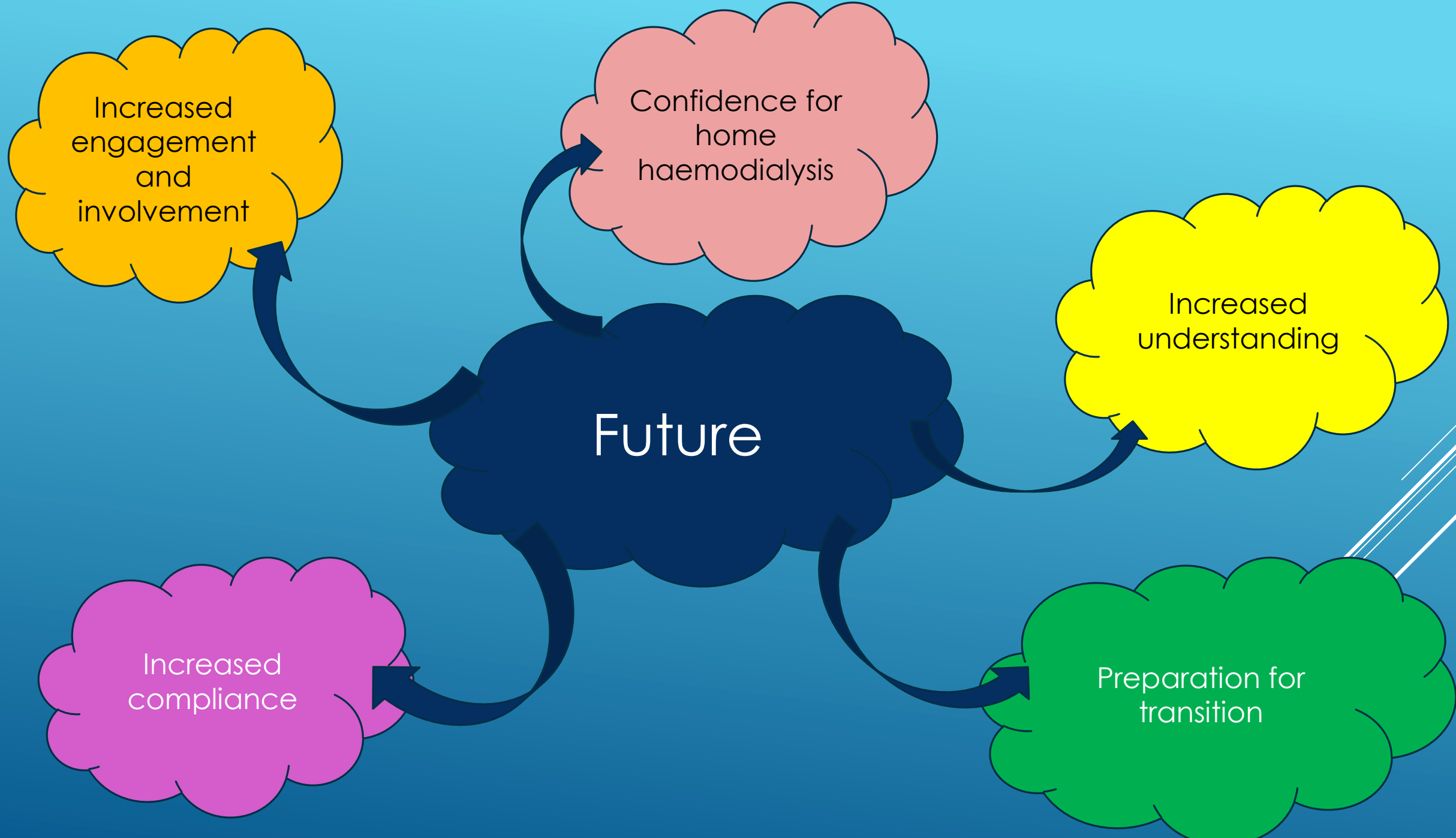
5 - Patient/Carer signed off as competent

Result

```
graph TD; Result((Result)) --> Pink((The carers/patients are more confident to consider being involved in their treatment when looked after by a nurse who can educate them about the benefits this can provide)); Result --> Green((The benefits have extended to a deeper understanding of other aspects of their treatment including diet, fluid and adherence to their medication));
```

The carers/patients are more confident to consider being involved in their treatment when looked after by a nurse who can educate them about the benefits this can provide

The benefits have extended to a deeper understanding of other aspects of their treatment including diet, fluid and adherence to their medication



Increased engagement and involvement

Confidence for home haemodialysis

Increased understanding

Future

Preparation for transition

Increased compliance