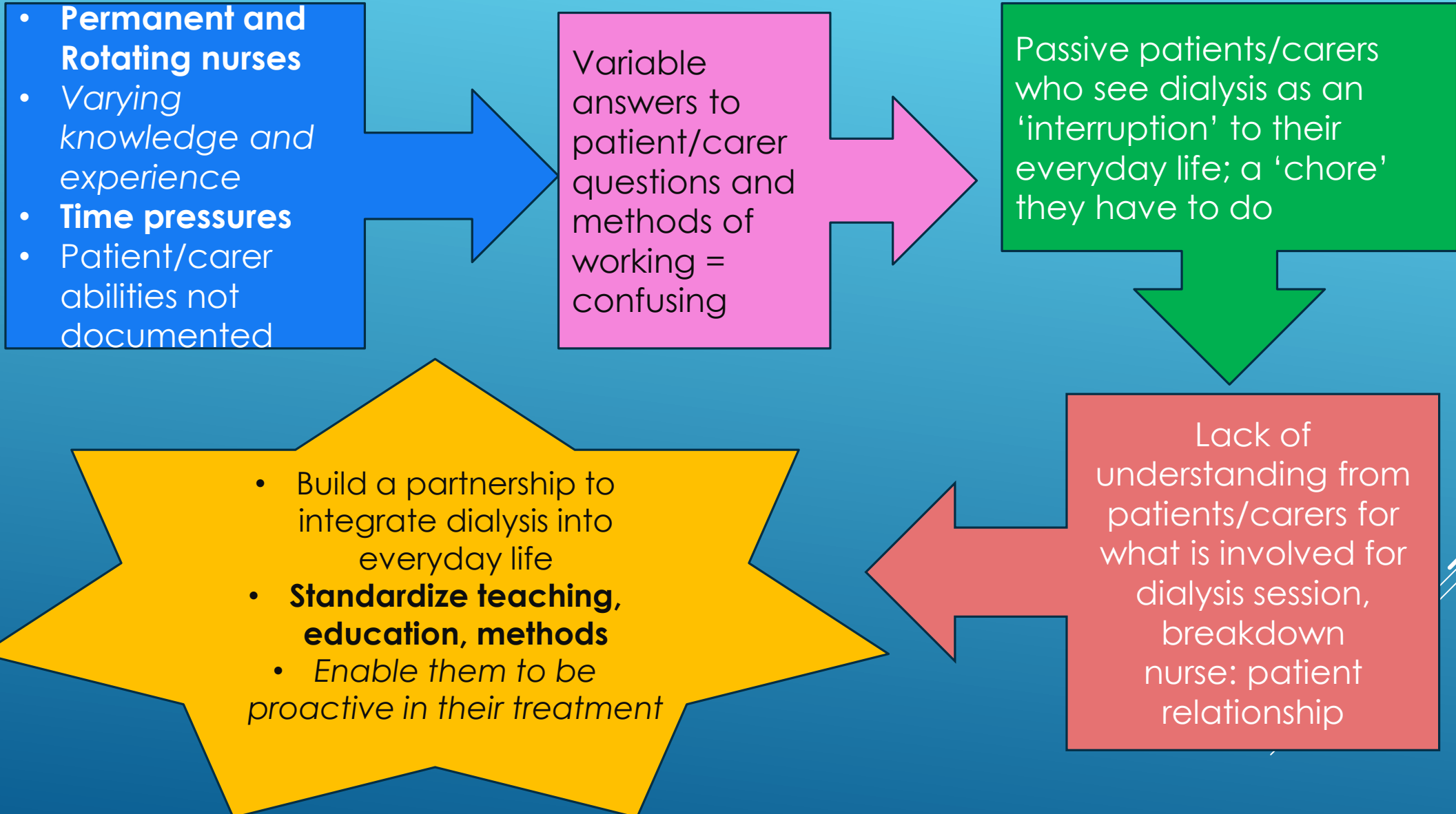


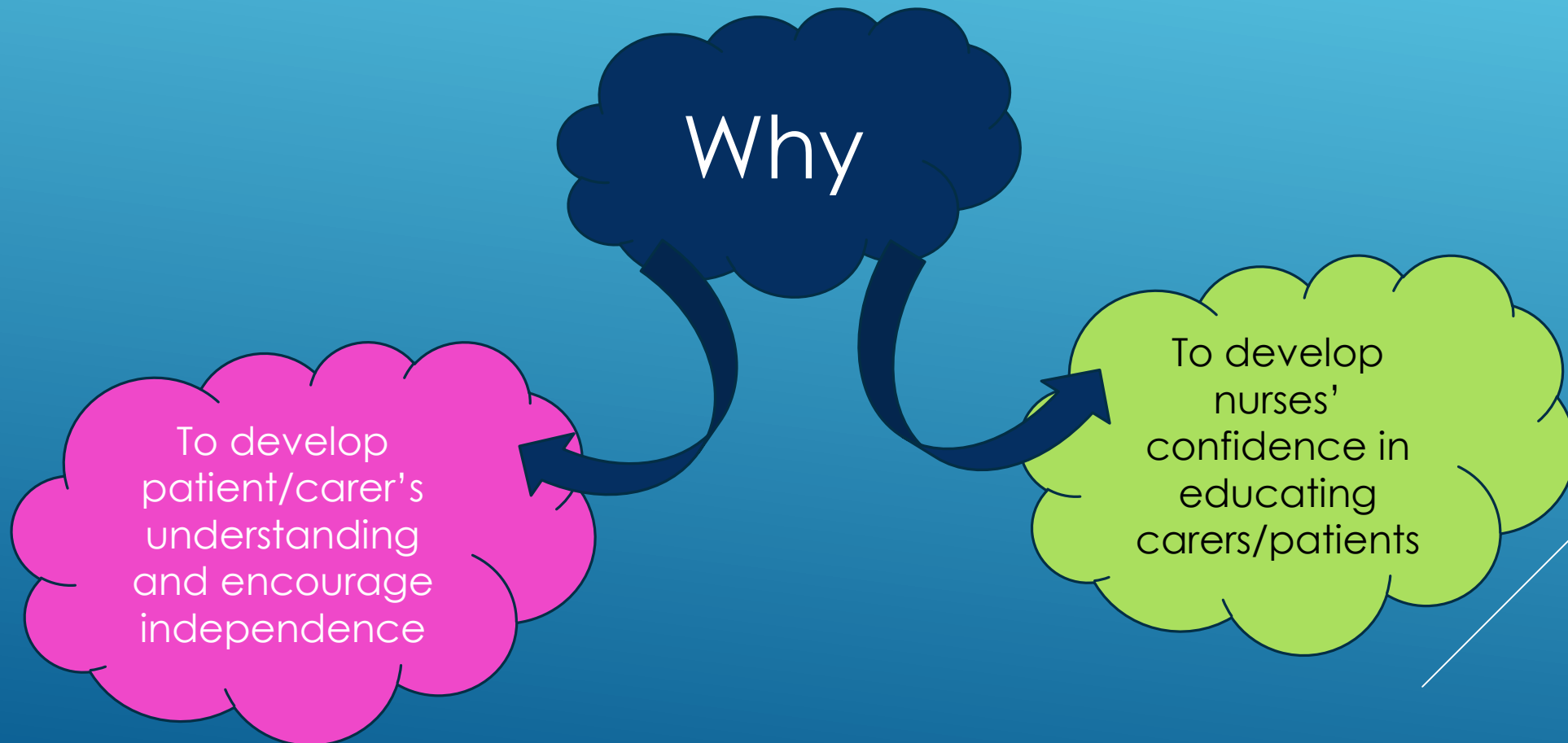


# Patient Engagement

# Reasons that led to project



# DEVELOPING COMPETENCIES TO PROMOTE PATIENT ENGAGEMENT AND NURSE EMPOWERMENT



**WHAT:** Teaching and assessment programme for patients/carers for each task related to preparing, starting, monitoring and discontinuing haemodialysis session

Carer	%	Patient	%
7/13	53%	6/13	46%
11/15	73%	N/A (age)	-
6/13	46%	N/A (age)	-
11/13	84%	N/A (age)	-
8/14	57%	4/14	28%
Not completed		7/13	53%
Not completed		6/13	46%
Not completed		6/15	40%
Not completed		5/13	38%

15 tasks that patient/carer could learn

Carers keen to learn more tasks than the patients

Preparation of patient and machine rather than connection and duration of dialysis

Responsibility for carer/patient to take on, dialysis is a 'break from responsibility'

Obstructions: patient not wanting carer to do certain tasks

# Challenges

Nurses confidence  
in their foundation  
of knowledge  
prevents them from  
teaching

Nurses concern for  
whose responsibility  
if patient/carer  
signed off as  
competent

Carers/Patients –  
long term chronic  
conditions, expert  
knowledge, set in  
their ways

Patient/carer  
concerned being  
responsible for dialysis

# HOW

```
graph TD;
  HOW((HOW)) --> A[Developing the nurses' own foundation of knowledge so they are confident to deliver teaching to patients and carers];
  HOW --> B[The nurses developed a competency document covering all of the practical skills required as well as the background rationale for each skill];
  HOW --> C[Significant benefit to the unit as the nurses have felt more empowered to engage with families regarding their treatment];
```

Developing the nurses' own foundation of knowledge so they are confident to deliver teaching to patients and carers

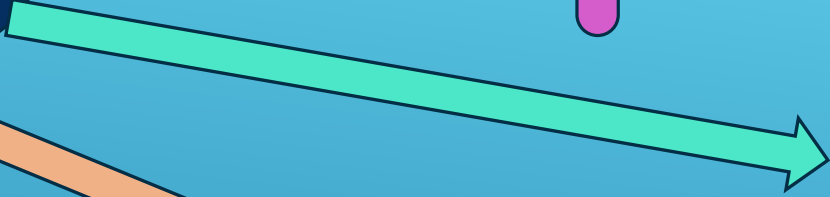
The nurses developed a competency document covering all of the practical skills required as well as the background rationale for each skill

Significant benefit to the unit as the nurses have felt more empowered to engage with families regarding their treatment

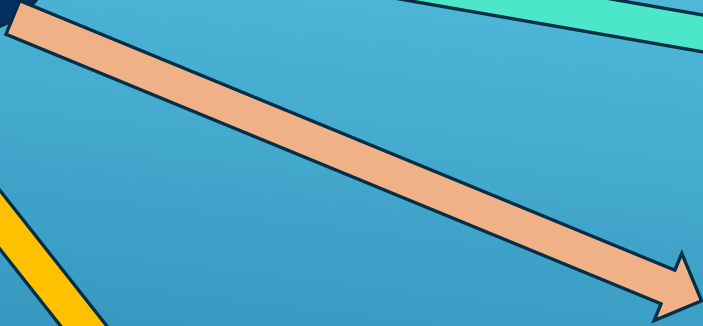
# HOW (5 Stages)



1 - Group teaching sessions for patients and carers to teach rationale and demonstrate practical skills



2 - Individual demonstrations



3 - Individual observation



4 - Formative and summative assessments



5 - Patient/Carer signed off as competent

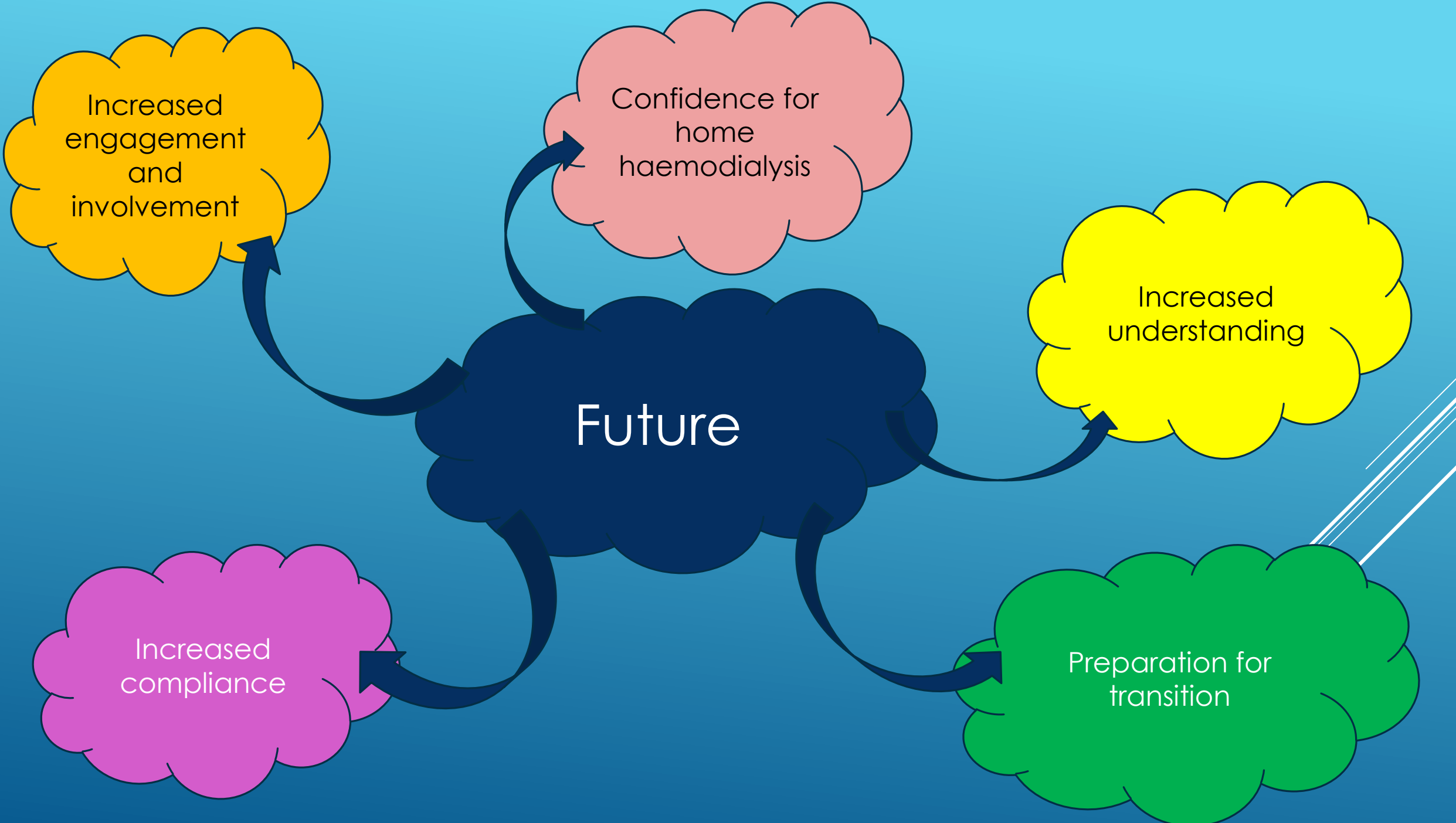
# Result

```
graph TD; Result((Result)) --> Pink((The carers/patients are more confident to consider being involved in their treatment when looked after by a nurse who can educate them about the benefits this can provide)); Result --> Green((The benefits have extended to a deeper understanding of other aspects of their treatment including diet, fluid and adherence to their medication));
```

The carers/patients are more confident to consider being involved in their treatment when looked after by a nurse who can educate them about the benefits this can provide

The benefits have extended to a deeper understanding of other aspects of their treatment including diet, fluid and adherence to their medication





Increased engagement and involvement

Confidence for home haemodialysis

Increased understanding

Future

Preparation for transition

Increased compliance