

# Benefits of a Home Therapies Clinical Nurse Specialist

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# Current caseload

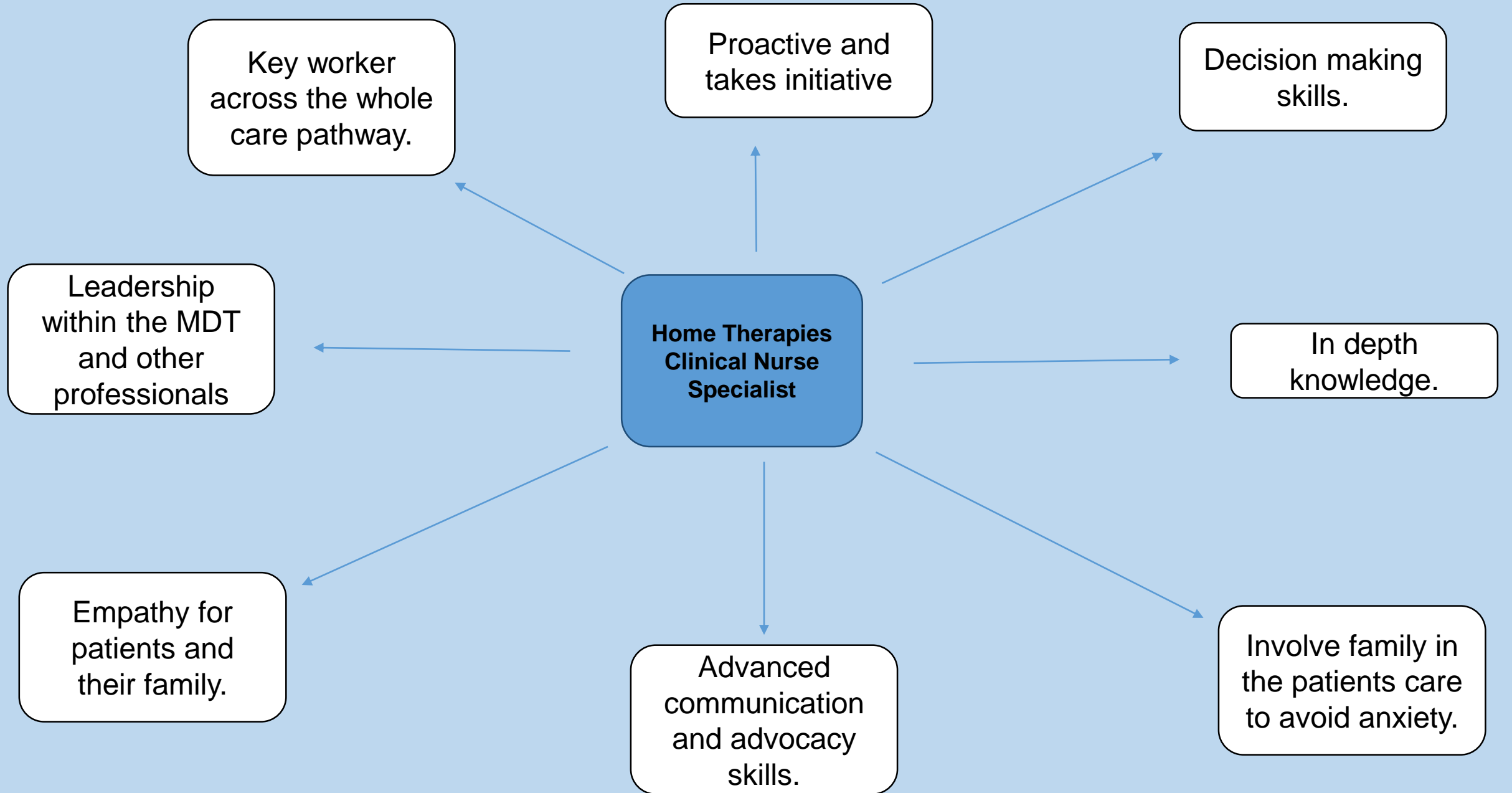
- 13 peritoneal dialysis patient, aged 9 months - 16 years.
- 2 home haemodialysis patients aged 4 and 17 years old.
- Large geographical spread of patients, located from 5 miles to 100 miles from the Evelina.

# Background to the Home Therapies service

- There was a reliance on the haemodialysis unit nursing team with no consistent named contact.
- Home visits to assess if home therapies was feasible were made by ward Matron.
- Peritoneal dialysis patients were trained by several nursing staff.
- Doctor led clinic appointments held on the dialysis unit, with no set days for clinics.
- Lack of continuity for patients and family.

# Role of Home Therapies Clinical Nurse Specialist

- October 2016 - Home Therapies Clinical Nurse Specialist (CNS) was appointed, providing patients and their families with a single point of contact.
- This has provided a more patient focused approach to care, in terms of
  - planning,
  - treatment provision,
  - follow up,
  - on-going management between visits, and most importantly
  - providing a continuity to care.



# Expectations of the Home Therapies CNS role

- Shortened hospital admissions, as education is tailored to the individual.
- All families are trained to complete their dialysis, change dressings, obtain and record observations by the Home Therapies CNS.
- The Home Therapies CNS builds a network of professions within the patients community to reduce additional hospital visits .

# The key elements

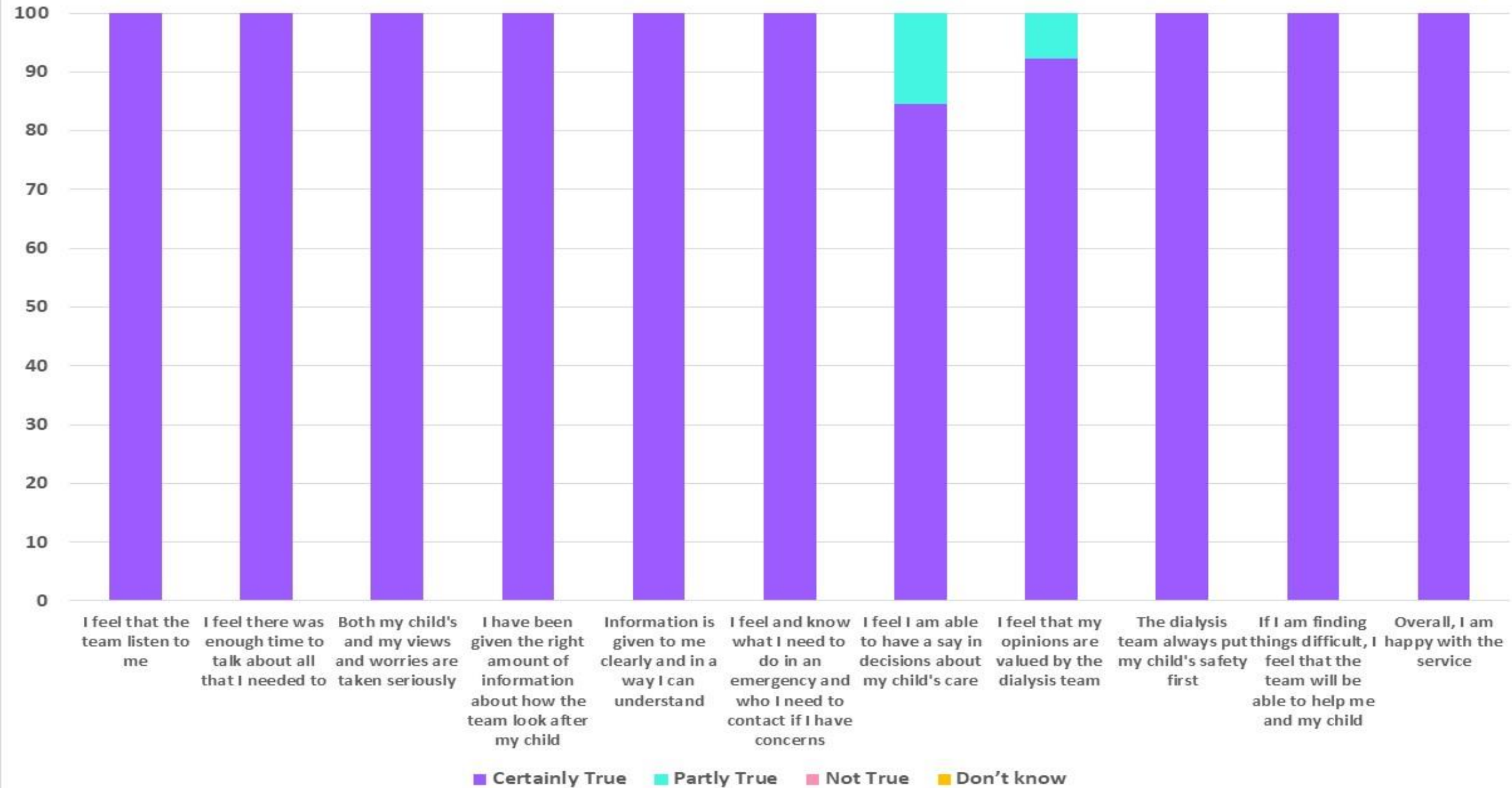
- A high level of communication skills and provision of information within the team and between the families.
- Developing a supportive nurse–patient relationships, this is a complex process, one that involves of getting to “know the patient and family”.
- Developing a close, holistic relationship with patients and their families.

# Evaluation of the impact of the Home Therapies CNS Role

- A patient experience questionnaire was completed by all home therapies patients, the following slide includes the information we received.
- This tool allows patients and families to express their views.
- Which in turn helps improve the quality of the service and ensure all patients needs and preferences and responded too.



## Responses\_Hometherapies



# Feedback from patients

## Communication

- Clear vision on future plans outlined
- Easily contactable
- Always call at arranged times with results

## Support

- Great team who are always helpful and trustful
- Ensuring patient and family are ok
- Caring and professional

## Clinics

- More efficient
- Friendlier service
- Previous results are always discussed in clinic



# Summary

- Having a Home Therapies nurse in the renal team has provided the patients and their families with a consistent point of contact.
- Appointments are now carried out in the renal outpatients department.
- Managed locally with the help of the community network where appropriate.
- There has been a noticeable reduction in re-admissions.
- Families have noted the benefits of this new role – as shown in the previous slide.

# Thank you all for listening.

But most importantly, I would like to  
thank the team at the Evelina for  
giving me the opportunity to develop  
this wonderful service.

