Psychological Health Services



How to work effectively as an MDT with a complex teenager waiting for a kidney using a BioPsychoSocial Model

Respecting everyone Embracing change Recognising success Working together Our hospitals.





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### Medical Background

Severely impaired vision

Presented at 13 years of age in end stage renal failure

GP was unable to contact the family so police were called to bring Jacob to hospital.

Senior Loken Syndrome diagnosed

Currently on hospital based haemodialysis (HD) since January 2015 now up to 4 hours three times a week

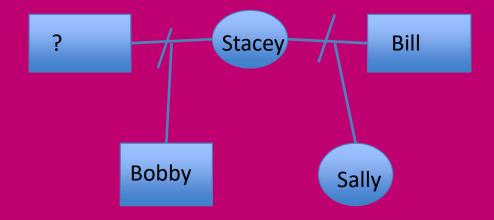
Active on the deceased donor waiting list for a kidney transplant since December 2016.







# Genogram



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# Social Background

Significant alcohol misuse problem.

Parenting difficulties, e.g. boundaries, visual impairment

Difficulties around attendance at school

Child Protection Plan

Transplant and Parental Responsibility

Currently home with Mum





### Psychological Background

- Grew up in a household of equal responsibility between him and Mum
- Grew up being told that he did not have a visual impairment
- Since Mum has had more support and stopped drinking-boundaries, rules, Mum/Son relationship.
- Bobby gets overwhelmed with feelings of anger, dispair, sadness, frustration.
- History with diffciulties in social relationships. Possible asd diagnosis





#### **Current Situation**

Bobby is active on the transplant waiting list

Bobby is attending HD 3 x week for 4 hours

Bobby is angry, distressed and often volatile both on HD and at home and school. He has lashed out at his Mum on a number of occasions

Bobby feels that he cannot cope with school/home/HD

Bobby wants independence but also does not accept that he needs to use his high cane





### Lets hear from bobbi







### Current MDT plan

Regular MDT Child in Need reviews with Medics, Social Worker, Clinical Psychologist and school.

Renal Social worker offering support/advice to Social Services Social Worker.

CAMHS input for family therapy organised

One-to-one support offered from Renal Psychologist for Bobby around his anger management and communication

Regular supervision and support offered to MDT

Good communication between full MDT regarding any input with Bobby and his family.

One-to-one support offered from Ophthalmology Psychologist for Stacey around adjustment to condition.





# Stacey's Voice

Stacey asked me to say "I am grateful for the level support that the Renal team have given and the patience that they show to Bobby"







# So where do we go from now?



