

### Presenters and Chairpersons

Abdelrahman, Safaa M., Pediatric Nephrologist, Cairo, Egypt  
Bakhuis, Gabriëlle, Hospital Teacher, Nijmegen, The Netherlands  
Baker, Kate, Nurse, Nottingham, UK  
Bethe, Dirk, Psychologist, Heidelberg, Germany  
Birch, Cathy, Music Therapist, London, UK  
Bremmann, Sandra, Social Worker, Cologne, Germany  
Engelen, Anita, Hospital School Teacher, Nijmegen, The Netherlands  
Feldkötter, Markus, Pediatric Nephrologist, Bonn, Germany  
Geense, Wytke, Researcher, Nijmegen, The Netherlands  
Hardy, Claire, Play Therapist, Nottingham, UK  
Hilton, Donna, Youth Worker, Nottingham, UK  
Hoffmann, Georg F., Medical Director, Heidelberg, Germany  
Kamphuis-Serpa, Nancy, Clinical Social Worker, Nijmegen, The Netherlands  
Knoll, Jacqueline, Nurse Practitioner, Nijmegen, The Netherlands  
Körner, Lisa, Psychologist, Cologne, Germany  
Maas-van Schaijk, Nienke, Psychologist, Nijmegen, The Netherlands  
Möls, Astrid, Hospital School Teacher, Nijmegen, The Netherlands  
Muhammad, Shahid, Specialist Biomedical Scientist, Bristol, UK  
Novo, Robert - Paediatric Nephrologist, Lille, France  
Pfeil, Kathrin, Doctor, Heidelberg, Germany  
Prüfe, Jenny - Psychologist, Hannover, Germany  
Reid, Christopher - Paediatric Nephrologist, London, UK  
Sabir, Ataf, Doctor, Birmingham, UK  
Schaefer, Franz, Pediatric Nephrologist, Heidelberg, Germany  
Sommerer, Claudia, Nephrologist, Heidelberg, Germany  
Tadevosyan, Hasmik - Teacher, Yerevan, Armenia  
Tönshoff, Burkhard, Pediatric Nephrologist, Heidelberg, Germany  
Von Schantz, Annika - Unit Manager, Helsinki, Finland

### Scientific Committee

Bethe, Dirk, Psychologist, Heidelberg, Germany (Coordination)  
Leuschner, Maren, Psychosomaticist, Heidelberg, Germany  
Novo, Robert, Pediatric Nephrologist, Lille, France  
Reichwald-Klugger, Evelyn, Psychologist, Heidelberg, Germany  
Reid, Christopher, Pediatric Nephrologist, London, UK  
Schaefer, Franz, Pediatric Nephrologist, Heidelberg, Germany  
Tönshoff, Burkhard, Pediatric Nephrologist, Heidelberg, Germany  
Türkoglu, Tuba, Psychologist, Heidelberg, Germany  
von Schantz, Annika, Nursing Manager, Helsinki, Finland

### Organizing Committee in Heidelberg

Bethe, Dirk, Psychologist (Coordination)  
Haas, Sybille, Social Worker  
Schaefer, Franz, Pediatric Nephrologist  
Tönshoff, Burkhard, Pediatric Nephrologist  
Türkoglu, Tuba, Psychologist

### Conference Venue:

Jugendherberge (Youth Hostel), Tiergartenstr. 5, D-69120 Heidelberg

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### EWOPA-renalchild

European Working Group on Psychosocial Aspects of Children with Chronic Renal Failure  
www.ewopa-renalchild.com

# EWOPA 2016

47th Annual Meeting, June 2-4  
Heidelberg, Germany



European Working Group on Psychosocial Aspects of  
Children with Chronic Renal Failure

## Program

### Thursday, June 2, 2016

**15:30 – 16:30 Registration and Coffee**

**16:30 – 16:45 Welcome Addresses**

**Dirk Bethe**

**Georg F. Hoffmann**

*Chairman, Department of Pediatrics, University Hospital Heidelberg*

**16:45 – 18:30 Use of Social Media and Online Tools in Patient Care and Awareness Campaigns**

**Chairpersons: Christopher Reid, Nienke Maas-van Schaijk**

**Gabriëlle Bakhuis, Astrid Möls, Anita Engelen**

*"KlasseContact" during Hemodialysis: Digital Means in Education*

**Shahid Muhammad**

*The Renal Patient Support Group (RPSG) – A 'Place' where Awareness and Research Meet Administration and Research through a Leading Social Media Platform – Co-Founders Reflections on the First 6 Years (2009-2015)*

**Nienke Maas-van Schaijk**

*Online Screening of Psychosocial Functioning in Routine Care in Adolescents with Chronic Renal Failure and their Parents*

**Wytke W. Geense, Jacqueline Knoll**

*Online Support Program for Parents of Children with a Chronic Kidney Disease*

**Shahid Muhammad**

*Can Social Media (SM) help raise Discrimination Awareness for People with Long Term Conditions (LTCs) providing a Chronic Kidney Disease (CKD) example and the use of Assistive Technology*

**18:30 – 19:30 Welcome Reception**

**19:30**

**Visiting the Castle and the Old Town**

## Friday, June 3, 2016

- 08:30 – 10:10 Ethical Questions and Topics in Transplantation**  
Chairpersons: Burkhard Tönshoff, Christopher Reid
- Claudia Sommerer**  
*Heidelberg Data on Somatic and Psychosocial Aspects of Living Kidney Donation*
- Elke Wühl**  
*Antenatal Counseling: a New Task for Pediatric Nephrology. Case examples*
- Franz Schaefer et al.**  
*Online Survey Exploring Opinions of European Pediatric/Adults Nephrologists and Geneticists about Diagnostic Testing of Asymptomatic Offspring from Families Affected by ADPKD*
- Ataf Sabir et al.**  
*Deceased-Related Transplant: From Hardship Comes Ease*
- 10:10 – 10:30 Coffee Break**
- 10:30 – 12:20 Physical Exercise and Sport in Patients with ESRD**  
Chairpersons: Robert Novo, Jenny Prüfe
- Markus Feldkötter**  
*DiaSport: Exercise as Medical Therapy*
- Kathrin Pfeil**  
*Physical Activity in Pediatric Patients after Kidney Transplantation – a Pilot Study*
- Parallel Workshops**  
*Exchanging Experiences and Ideas in Supporting Physical Exercise in the Renal Patient*
- 12:20 – 13:25 Lunch Break**
- 13:25 – 15:00 Therapeutic Camps as Part of Patient Care**  
Chairpersons: Dirk Bethe, Annika van Schantz
- Lisa Körner, Sandra Brengmann**  
*Holiday Camps for Children and Adolescents with Chronic Kidney Diseases – an Experience Report*
- Hasmik Tadevosyan**  
*Patients' Summer Camp - a very Special Place*
- Claire Hardy**  
*Renal Residential Holidays: The Benefits for Patients, Families and Staff*
- Donna Hilton**  
*The Impact of Therapeutic Recreational Camps (Residentials) for Young People with Chronic Kidney Disease & other Long-term Health Conditions*
- 15:00 – 15:20 Coffee Break**

- 15:20 – 16:50 Transition to Adult Care**  
Chairpersons: Dirk Bethe, Annika van Schantz
- Jenny Prüfe**  
*Barriers in Transition of Care - Results from the TransNephro Study on Transitioning Paediatric Renal Transplant Recipients*
- Parallel Workshops**  
*Exchanging Experiences, Concepts and Ideas about Transition*
- 16:50 – 17:30 Visit to the Pediatric Renal Unit**
- 19:00 Boat Trip on River Neckar, incl. Dinner**

## Saturday, June 4, 2016

- 09:00 – 10:00 Communication with Patients and Families**  
Chairpersons: Robert Novo, Jenny Prüfe
- Claire Hardy**  
*What Matters to me: Communication Tool for Patients and Families*
- Kate Baker**  
*Case Study: Dealing with Parental Stress and the Impact on Health Professionals*
- 10:00 – 10:20 Coffee Break**
- 10:20 – 10:40 EWOPA Business Meeting**
- 10:40 – 12:00 Psychosocial Diagnostics and Interventions**  
Chairpersons: Christopher Reid, Jacqueline Knoll
- Nancy Kamphuis-Serpa**  
*Psychosocial Support for Young Children and their Families with Living Donor Kidney Transplant*
- Safaa M. Abdelrahman**  
*Cognitive Functions Assessment in Children On Regular Hemodialysis and post Renal Transplantation*
- Cathy Birch**  
*"I want drums!" A Pilot Project Introducing Music Therapy to the Nephrology MDT*
- 12:00 – 12:15 Closing Remarks and Outlook for 2017**
- 12:15 Lunch**  
**End of Conference**