

## **Painful Procedures –Helping Children Cope**

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Many children are traumatised by procedures such as venepunctures. Reducing such trauma is a shared aim of all caring team members. Helping children gain confidence and develop positive coping strategies is very worthwhile and important to do. This is not difficult but involves good team work. In order to help teams work together to reduce trauma, some teaching material is needed. This is our new DVD to help staff cooperate to reduce trauma in the children we see.