

Feeding Support Group

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'The dialysis is easy, it's the feeding that's difficult'
Feeding a child with Chronic Kidney Disease is the task of the dedicated: following a strict 'renal friendly diet', contending with the constant vomiting, and resultant odour and washing, the fear of eating in public, of going to children's parties and of using public transport, worrying about what people will say if my child vomits or doesn't eat in a restaurant - will they charge me for a meal?
The feeding support group provides a forum for parents and carers of children with CKD to share experiences and draw inspiration and ideas.

A novel way to improve compliance

Many young people struggle with authority, they don't like being told what to do. Following a strict renal diet and taking phosphate binders before each meal makes them feel awkward. Connecting with the young people every day by text message was a novel way to aid compliance and improve control.