

# Transition: Creating Space

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# SWEET SORROW?

- Goodbye. Farewell. So long.
- Can we make it better?
- Should we make it better?
- Life's like that!

- Transfer

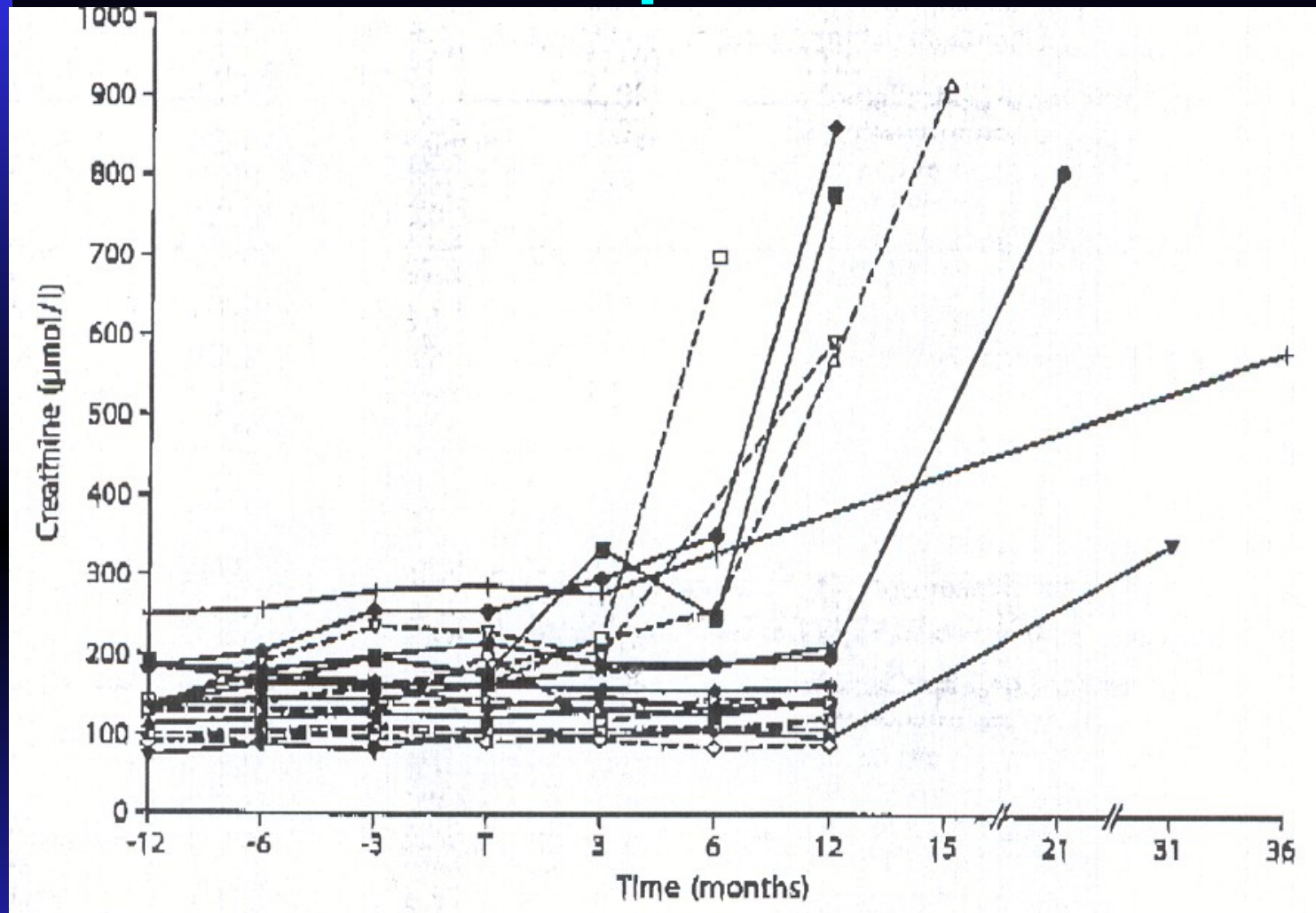
- movement to a new health care setting, provider or both

- only one component of transition

- Transition

- an anticipated, coordinated process of movement from family-centred to adult-oriented health care systems

# Why is transition important ?



- 35% unexpected graft loss (?non-adherence)

- Watson AR et al (2000) *Pediatr Nephrol* 14:469-472

# ACTION LEARNING

- Department of Health
- Multidisciplinary
- Guy's, RFH & Evelina

# DIFFERENCES

- Dependent Child
- Family Focussed
- Infant Patients
- Extensive Team
- Autonomous Adult
- Patient Focussed
- Elderly Patients
- Limitations in Team

# Difficulties

- Non – adherence
- Separation and Identity
- Psychological and Educational Support
- Multi-centre Transfer

# Models of transition

- Paediatric service -> adult service
- Paediatric service -> transition clinic  
-> adult service
- Paediatric service -> adolescent service-  
> young adult service  
-> general adult service



- Young adults and their families requested

- early discussions of transition during clinics

- “parent-free” consultations

- regular adolescent transplant clinics in paediatric hospital

- special consideration for specific patients

PATIENTS WANT TO GO TO YOUNG ADULT CLINIC IN LARGE TRANSPLANT CENTRE

# Clinical developments

- Integrated Care Pathway
- Joint renal transplant clinics
  - ◆ Evelina and GOSH paediatric units
  - ◆ Model of joint clinics with Oxford
  - ◆ Royal Free and Guy's Hospitals' adult units
- Adolescent and Young Adult Clinics
  - ◆ Paediatric -> Adult hospitals