

Transition: Creating Space

D.Fisher, S.D.Marks, D.Hothi,
L.Rees, G.Walsh, R.Lord, J.E.Scoble.

Great Ormond Street Hospital for Children
Evelina Children's Hospital
Guy's & Royal Free Hospitals London

SWEET SORROW?

- Goodbye. Farewell. So long.
- Can we make it better?
- Should we make it better?
- Life's like that!

- Transfer

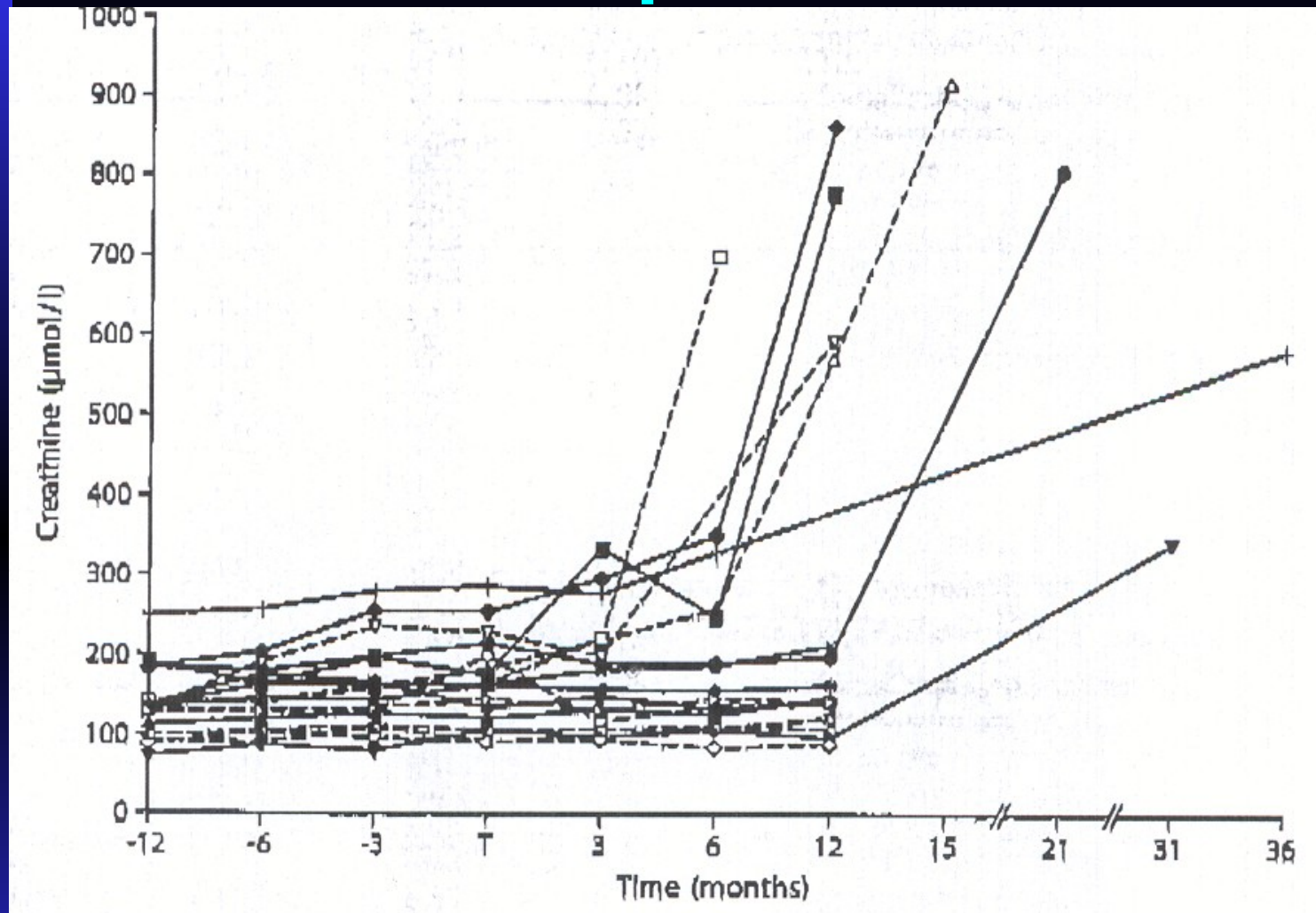
- movement to a new health care setting, provider or both

- only one component of transition

- Transition

- an anticipated, coordinated process of movement from family-centred to adult-oriented health care systems

Why is transition important ?



- 35% unexpected graft loss (?non-adherence)

- Watson AR et al (2000) *Pediatr Nephrol* 14:469-472

ACTION LEARNING

- Department of Health
- Multidisciplinary
- Guy's, RFH & Evelina

DIFFERENCES

- Dependent Child
- Family Focussed
- Infant Patients
- Extensive Team
- Autonomous Adult
- Patient Focussed
- Elderly Patients
- Limitations in Team

Difficulties

- Non – adherence
- Separation and Identity
- Psychological and Educational Support
- Multi-centre Transfer

Models of transition

- Paediatric service -> adult service
- Paediatric service -> transition clinic
-> adult service
- Paediatric service -> adolescent service-
> young adult service
-> general adult service

- Young adults and their families requested

- early discussions of transition during clinics

- “parent-free” consultations

- regular adolescent transplant clinics in paediatric hospital

- special consideration for specific patients

PATIENTS WANT TO GO TO YOUNG ADULT CLINIC IN LARGE TRANSPLANT CENTRE

Clinical developments

- Integrated Care Pathway
- Joint renal transplant clinics
 - ◆ Evelina and GOSH paediatric units
 - ◆ Model of joint clinics with Oxford
 - ◆ Royal Free and Guy's Hospitals' adult units
- Adolescent and Young Adult Clinics
 - ◆ Paediatric -> Adult hospitals